



Overview

AIDA has compiled a toolkit of relevant resources as part of our ongoing commitment to educate and to share knowledge to support our members, stakeholders and the broader medical community implement cultural safety. The resources listed below range from comprehensive eLearning modules, to policy documents, national campaigns and broader contextual information. AIDA notes this toolkit is an evolving process and we welcome your use of, and engagement with the toolkit.

Additional suggestions to the resources below are welcome, and we would also appreciate your feedback if any of the links are no longer working. Please contact the AIDA Secretariat at aida@aida.org.au or via phone on (02) 6273 5013.

AIDA Policy position on cultural safety

In 2013, AIDA released a policy position paper; *Cultural Safety for Aboriginal and Torres Strait Islander doctors, medical students and patients*. The paper states that cultural safety is about overcoming the cultural power imbalances of places, people and policies to contribute to improvements in Aboriginal and Torres Strait Islander health. It also provides guidance and outlines the parameters for AIDA in our work to advocate for a health system that is culturally safe, high quality, reflective of need and respects and incorporates Aboriginal and Torres Strait Islander Cultural values.

The paper can be found here:

www.aida.org.au/wp-content/uploads/2015/03/Cultural_Safety.pdf

Indigenous Allied Health Alliance

Position paper; *Racism in Health*

iaha.com.au/wp-content/uploads/2013/09/Position_Paper_Racism_in_Health.pdf

Position paper; *Culturally responsive health care*

iaha.com.au/wp-content/uploads/2013/09/Position_Paper_Culturally_Responsive_Health_Care.pdf

Niche portal

The Niche portal is the Network for Indigenous Cultural and Health Education and contains activities, resources and case studies for health professionals working in Indigenous health.

nicheportal.org/

Medical Colleges

Australian College of Emergency Medicine

- *Indigenous Health and Cultural Competency* www.acem.org.au/Education-Training/Educational-resources/Indigenous-Health-Cultural-Competency-%28IH-CC%29.aspx
- This is an in depth online module and training program and is accredited for CPD points.
- Further reading www.acem.org.au/getmedia/fce4f78b-4841-4987-8d76-0522d910de52/Module-1-Further-Learning-Resources.pdf.aspx

Australian College of Rural and Remote Medicine

- *Advanced Specialised Training Aboriginal and Torres Strait Islander Health* www.acrrm.org.au/files/uploads/pdf/vocational%20training/ACRRM%20AST%20Curric_Aboriginal%20and%20TSI%20health_01.11_17.02.11.pdf



- Rural Remote Medicine Education Online (RRMEO) Online Module – Cultural Awareness – Practice Incentives Program (PIP) Indigenous Health Incentive
www.rrmeo.com/rrmeo/dls_rrmeo.pl?a=eduinv_activity&acttype=online&actsubtype=rrmeo&id=acrrm_cultural_awareness_2011

The Royal Australian College of General Practitioners (RACGP)

- *An introduction to Aboriginal and Torres Strait Islander health cultural protocols and perspectives*
www.racgp.org.au/download/Documents/AHU/2012culturalprotocols.pdf
- Also visit www.racgp.org.au/yourracgp/faculties/aboriginal/ for contacts, resources and further information about what RACGP are doing to support Aboriginal and Torres Strait Islander doctors and improved patient care and outcomes.

The Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG)

- *Intercultural Learning Modules for Medical Specialists* www.climate.edu.au/Intercultural/7/story.html (general cultural awareness modules – not specific to Aboriginal and Torres Strait Islander patients)
- Indigenous women's health e-learning resources to support RANZCOG trainees and specialists.

The Royal Australian and New Zealand College of Psychiatrists

- *Aboriginal and Torres Strait Islander mental health* e-learning modules www.ranzcp.org/Publications/E-learning.aspx#ATSIMH
- Module 1 focuses on strategies for culturally safe engagement and communication with Aboriginal and Torres Strait Islander patients.
- Other resources www.ranzcp.org/Publications/Indigenous-mental-health/Aboriginal-Torres-Strait-Islander-mental-health.aspx

The Royal Australian College of Surgeons (RACS)

- Indigenous health resource list www.surgeons.org/member-services/interest-groups-sections/indigenous-health/indigenous-health-resources/
- RACS Indigenous health position paper www.surgeons.org/media/296916/2013-10-29_pos_fes-fel-001_indigenous_health.pdf

Health sector

Australian Medical Council Limited; www.amc.org.au/

Australian Medical Students' Association; *Indigenous Health Education in Medical Curricula Policy*
www.media.amsa.org.au.s3.amazonaws.com/policy/2010/Reformat/2010_reformat_Indigenous_Health_Education_Policy.pdf

Australian Health Ministers' Advisory Council; *AHMAC Cultural Respect Framework for Aboriginal and Torres Strait Islander Health, 2004-2009* [www.health.gov.au/internet/main/publishing.nsf/Content/health-oatsih-pubs-crf.htm/\\$FILE/Cultural_Respect_Framework.pdf](http://www.health.gov.au/internet/main/publishing.nsf/Content/health-oatsih-pubs-crf.htm/$FILE/Cultural_Respect_Framework.pdf)

Department of Health; *Aboriginal and Torres Strait Islander Health Performance Framework*;
<http://www.health.gov.au/indigenous-hpf>

Department of Health; *National Aboriginal and Torres Strait Islander Health Plan 2013-2023*
www.health.gov.au/internet/main/publishing.nsf/Content/natsih-plan

Health Education and Training Institute; *Courses – Aboriginal Culture – Respecting the Difference*
www.heti.nsw.gov.au/courses/aboriginal-culture---respecting-the-difference



HealthInfo Net, *Sharing the true stories project* www.healthinonet.ecu.edu.au/key-resources/programs-projects?pid=1174

HealthInfo Net, Health practice resources www.healthinonet.ecu.edu.au/key-resources/practice-resources?res_type%5B%5D=1004&year_start=2004&year_end=2014&sorter=year-DESC&submit=submit

National Health Leadership Forum; *Position Paper – The Right to Health*
<http://nationalcongress.com.au/wp-content/uploads/2012/11/The-Right-to-Health.pdf>

Queensland Health, *Aboriginal and Torres Strait Islander Cultural Capability Framework 2010-2033*
www.health.qld.gov.au/atsihealth/documents/cultural_capability.pdf

Remote Area Health Corps; E-learning module – Introduction to Indigenous Health
www.rahc.com.au/elearning

St Vincent's Hospital/ The Lowitja Institute; *Aboriginal and Torres Strait Islander Quality Improvement Framework*
www.svhm.org.au/aboutus/community/ICHPToolkit/Documents/Toolkit%20documents/Aboriginal%20Quality%20Improvement%20Framework%20and%20Toolkit%20for%20Hospital%20Staff%20January%202015%20For%20Web.pdf

The Heart Foundation and the Australian Healthcare and Hospitals Association; *Improving health outcomes for Aboriginal and Torres Strait Islander peoples with acute coronary syndrome, Version 1.0*
ahha.asn.au/sites/default/files/docs/policy-issue/080714_lighthouse toolkit_prototype_final_0.pdf

National bodies/campaigns

Australian Institute of Aboriginal and Torres Strait Islander Studies; *Little red yellow black website*
lryb.aiatsis.gov.au

Beyond Blue; *Stop. Think. Respect.*

www.beyondblue.org.au/resources/for-me/stop-think-respect-home/the-invisible-discriminator

Close the Gap campaign for Indigenous health inequality www.humanrights.gov.au/our-work/aboriginal-and-torres-strait-islander-social-justice/projects/close-gap-indigenous-health

Council of Australian Governments; *Closing the Gap in Indigenous Disadvantage* (targets)
https://www.coag.gov.au/closing_the_gap_in_indigenous_disadvantage

Indigenous Australia www.indigenoustralia.info/

National Congress of Australia's First Peoples nationalcongress.com.au/

Racism. It stops with me itstopswithme.humanrights.gov.au/

Recognise www.recognise.org.au

Reconciliation Australia; *Indigenous Governance Toolkit* www.reconciliation.org.au/governance/



Useful websites

National: Congress of Aboriginal and Torres Strait Islander Nurses and Midwives www.catsinam.org.au

National: Indigenous Allied Health Australia www.indigenousalliedhealth.com.au

National: National Aboriginal Community Controlled Health Organisation www.naccho.org.au

National: National Aboriginal and Torres Strait Islander Health Worker Association www.natsihwa.org.au

ACT: Winnunga Nimmityjah Aboriginal Health Service www.winnunga.org.au

NSW: Aboriginal Health and Research Council of NSW www.ahmrc.org.au/index.htm

NT: Aboriginal Medical Services Alliance Northern Territory www.amsant.org.au

Qld: Queensland Aboriginal and Islander Health Council www.qaihc.com.au

SA: Aboriginal Health Council of South Australia www.ahcsa.org.au

Tas: Tasmanian Aboriginal Centre: no website available; contact at: (03) 6234 0700

Vic: Victorian Aboriginal Community Controlled Organisation www.vaccho.org.au

WA: Aboriginal Health Council of Western Australia www.ahcwa.org.au

Torres Strait Islands: Torres Strait Regional Authority www.tsra.gov.au/